



# CALIFORNIA CENTRAL COAST AHEC

## ABOUT

Health Projects Center (HPC), established in 1980 as a 503(c) non-profit organization, offers health-related and social programs to health professionals, older adults and family caregivers. Health Projects Center exists to address the health and human needs of individuals, families and communities of California's Central Coast by developing and implementing high quality programs and strategies.

Health Projects Center serves the Monterey Bay region of California and hosts the Central Coast Area Health Education Center (AHEC), the Del Mar Caregiver Resource Center and the Multipurpose Senior Services Program. The Central Coast AHEC works to increase the number of health professionals trained to care for the state's rapidly growing geriatric population.

During the year, the AHEC supports community-based training for UCSF Family Medicine Residents from Natividad Medical Center and nursing students from Cabrillo College. The AHEC also partners with the Stanford Geriatric Education Center to deliver web-based education on geriatric issues to health professionals via webinar and with Cabrillo College to deliver training and professional development for in-home care providers and caregivers. These AHEC trainings are increasing skills of the area's health workforce to care for older adults in community settings. The county of Santa Cruz has funded HPC to implement training for In-Home Supportive Services Workers, providing 12 AHEC trainings annually (six of which are in Spanish).



HEALTH PROJECTS CENTER



*An in-home caregiver at work (top) while students practice applying skills in simulation lab with a patient manikin (bottom).*

## 2017-18 OUTCOMES TO DATE

**30 hours** of training for In-Home Supportive Services Workers was delivered, in English and Spanish, to **121 attendees**

More than **20 geriatric** professional education, support trainings and workshops provided to over **160 attendees**

**29 hours** of workshops and trainings for informal In-Home Caregivers were delivered, in English and Spanish, to **86 care providers**

Community Based Experiences have been provided to **26 nursing students** and 2 social work students

## CONTACT

For more information, please visit:  
<http://cal-ahec.org>  
<http://hpcn.org>

Or contact the Center Director:  
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