



CENTRAL COAST AHEC

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In home caregiver at work

Health Projects Center (HPC), established in 1980 as a 503(c) non-profit organization, offers health-related and social programs to health professionals, older adults and family caregivers. Health Projects Center exists to address the health and human needs of individuals, families and communities of California's Central Coast by developing and implementing high quality programs and strategies.

Health Projects Center serves the Monterey Bay region of California, and hosts the Central Coast AHEC, Del Mar Caregiver Resource Center and Multipurpose Senior Services Program.

Central Coast AHEC works to increase the number of health professionals trained to care for the state's rapidly growing geriatric population. During the year, Central Coast AHEC supported community based training for UCSF Family Medicine Residents from Natividad Medical Center and nursing students from Cabrillo College. AHEC also partnered with the Stanford Geriatric Education Center to deliver web-based education on geriatrics issues to health professionals via webinar and Cabrillo College to deliver training and professional development for in-home care providers and caregivers.



Nursing student with patient manikin

Health Projects Center has contracted with the CA DHS to implement the CA Community Transitions Program, a MediCal funded program to assist people in transitioning from Skilled Nursing facilities to community settings in Santa Cruz, San Benito and Monterey Counties. These AHEC trainings are increasing skills of the area's health workforce to care for older adults in community settings. The County of Santa Cruz has funded HPC to implement training for In-Home Supportive Services workers, providing 12 AHEC trainings annually (6 in Spanish).



Family Medicine Resident rotation at health center

OUTCOMES 2013-14:

24 Family Medicine residents trained in geriatric didactics and community health experiences; 4 of the 7 graduates are working or pursuing further education in underserved settings

96 RN students trained in health facilities that serve older adults

41 Family and in-home caregivers were trained through Caregiver Training and Development program

60 RN students trained using simulated patient manikins

Web based continuing education programs trained 46 health care providers

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