



LOS ANGELES HARBOR AHEC



Carson HS Medical Academy students experience the simulation center at Harbor/UCLA

The community-based Harbor/UCLA FM residency is located in the industrial harbor region of Los Angeles and serves as the Los Angeles Harbor AHEC. Residents have a 3 year curriculum designed to facilitate the development of knowledge, attitude, skills and behavior that assist them to become more effective family physicians by being sensitive to the needs of patients in the context of the community.

Using a Community Oriented Primary Care Model, residents conduct and learn about community health analysis, cultural sensitivity, epidemiology, community activism, advocacy and intervention. In addition to inpatient rotations, residents experience patient care in FQHCs, school-based clinics, free clinics, needle exchange programs and soup kitchens. At least 50% of graduates go on to work or continue their education in underserved practice settings.

The LA Harbor AHEC offers a Summer Urban Health Fellowship. Medical students from across the country come to Harbor-UCLA Department of Family Medicine to work alongside family medicine residents, undergraduate and high school students in a community based project for 6 weeks during the summer. Working in teams they learn about health care disparities and issues facing underserved and marginalized communities, fundamentals of community based research, health policy and advocacy, provide health education talks to the community, and plan and implement 2 community health fairs. Many medical students enter the FM residency after participation in the AHEC sponsored fellowship. The residency also has a PCMH fellowship to train residents for practice in community health centers. The Harbor AHEC also provides medical students who are interested in family medicine, elective rotations in community health.



*Summer Urban Fellowship
Community Health Fair*

The LA Harbor AHEC has close relationships with several high schools in the LA Basin with high drop out rates. Health career programs and school based clinics provide shadowing experiences with FM residents and medical students, health promotion such as obesity, personal violence and reproduction information and mentoring to high school students. The AHEC center director is a mentor and judge for the Health Occupations Students of America (HOSA) program in several of the high schools.

OUTCOMES 2013-14:

- 8 FM residents graduated and went to work or continued their education in underserved sites
- 3 medical students that participated in community medicine clerkship entered Harbor FM residency
- Several HOSA student mentees won top honors at the state leadership conference and advanced to nationals
- 80 high school students received health promotion and careers information. 24 participated in mentoring program
- 4 residents, 9 medical students, 25 undergraduate students and 30 high school students participated in the Summer Urban Fellowship Program

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