



# CALIFORNIA NORTHERN CA AHEC

## ABOUT

The Health Alliance of Northern California (HANC) is the host organization for the Northern California Area Health Education Center (NC AHEC). HANC is a regional trade organization of 12 Federally Qualified Health Centers (FQHCs) and one Rural Health Clinic, located throughout 11 rural and frontier counties in far Northern California. Together, HANC's 13 members operate 36 clinical sites, serving more than 138,000 patients.

Across the rural region, the population is sparse and geographically isolated. Necessities like health care, healthy food and education can require community members to take several hours of bus rides each way to access those resources. The NC AHEC focuses on grassroots organizing, local and statewide advocacy and development strategies to help address the needs of the communities it serves.

Regional isolation makes recruiting and retaining providers in rural areas difficult, which makes accessing primary and specialty care services in these communities a challenge. As such, health workforce development is critical for remote and isolated populations, particularly in a changing health care environment. Promising solutions include the NC AHEC supporting the Shasta Community Health Center (SCHC) Family Medicine Residency Teaching Program and the Nurse Practitioner / Physician Assistant Fellowship Program. Focusing locally at each stage of the workforce development continuum is important, and the NC AHEC works on short, medium and long term solutions to increase the health care provider supply throughout the area.



Mendocino County Health Coach Training 2018 (top); Shasta County Health Coach Training 2018 (middle); and June 2018 Rural Roundtable (bottom).

## 2017-18 OUTCOMES TO DATE

Trained **32 community health center staff** in UCSF Center for Excellence in Primary Care Health Coach sessions

Currently **4 NP and 2 PA** fellows enrolled in 12-month long Shasta Community Health Center NP/PA Fellowship Program

Facilitated 20 trainings over 61.5 total hours to **404 health professionals** to advance the Triple Aim

**25 attendees** when HANC and NCCN facilitated a CFO Peer Network for community health centers' finance staff

## CONTACT

For more information, please visit:  
<http://cal-ahec.org>  
<http://thehanc.org>

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